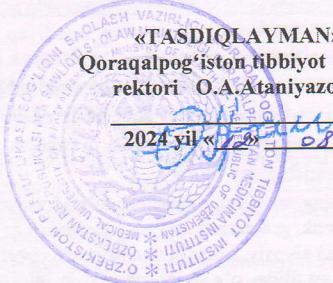


O'ZBEKISTON RESPUBLIKASI OLIY TA'LIM, FAN VA INNOVACIYALAR
VAZIRLIGI

O'ZBEKISTON RESPUBLIKASI SOG'LIKNI SAQLASH VAZIRLIGI

QORAQALPOG'ISTON TIBBIYOT INSTITUTI

Ro'yxatga olindi
№ 130 24/3 9/1.04
2024 yil "18"-08



**TIBBIYOTDA XORIJUY TIL FANI BO'YICHA
MODUL DASTURI**

Bilim sohasi: 900000 – Sog'liqni saqlash va ijtimoiy ta'minot
Ta'lif sohasi: 910000 – Sog'liqni saqlash

Ta'lif yo'naliishi: 60910700 - Fundamental tibbiyot
60910400 - Tibbiy profilaktika

Nukus -2024

Modul/modul turi Majburiy	Ta'lim tili Xorijiy tillar	Haftadagi dars soatlari	
Modulning nomi Tibbiyotda xorijiy til	Auditoriya mashg`ulotlari (soat)	Mustaqil ta'lim (soat)	Jami yuklama (soat)
1. Modulning maznuni Modulni o'qitishdan maqsad – tababalarga o'rganilayatgan chet tini kasbiy faoliyatida amaly qullay olish tamovillarija anal qilgen holda integralashgan yondashuv asosida o'rgatish, o'rganilayotgan chet tilida ravon va aniq suzashishlarni ta'minlash, talabalarga tibbiy atamalarni xorijiy tilda o'rganish yoli bilan kasbiy bilmlarini oshira olishtiga zamin yaratishlardan iborat.	60	60	120

I. Modulning maznuni
Modulni o'qitishdan maqsad – tababalarga o'rganilayatgan chet tini kasbiy faoliyatida amaly qullay olish tamovillarija anal qilgen holda integralashgan yondashuv asosida o'rgatish, o'rganilayotgan chet tilida ravon va aniq suzashishlarni ta'minlash, talabalarga tibbiy atamalarni xorijiy tilda o'rganish yoli bilan kasbiy bilmlarini oshira olishtiga zamin yaratishlardan iborat.

kunikmalarini fonetik, grammatik, leksik jihatlardan to'loqanli siyakallandirish, tiini dunyoda xalqaro miqeysodagi darajalarda erkin yetkiza olish darajasida o'rgatishdan iborat.

II. Asoiy qism (amaly mashg`ulotlar)
Tibbiyotda xorijiy til modulida o'tkazildigan amaly mashg`ulotlarda barcha til o'qitiladi. Medicina institutimizda tibbiyorda xorijiy til sitafida engiz tili o'qitiladi va ushbu dasurda semestrlar kesimida batalsil ko'sratiladi. Amaly mashg`ulotlarni tashkl etish, e'tirof etilgan mezonlariga anal qilinadi:

Tinglab tushinish kompetenciyasi b o' yicha:

A1 daraja – kishilar sekun va aniq gaplashganida talaba o'zi va olsa haqidagi s o'z va iboralarini tushunishi lozim.

A2 daraja – o'ziga tanish mavzularga (masalan, soda bayon qilingan oila, xarid, aniq, soda xabar va e'lomlarning asosiy maznunini tushuna olishi kerak.

B1 daraja – o'ziga tanish bo'lgan mavzular bo'yicha (ish, ta'lim muassasi, hordiq va b.) aniq axtilgan gapuning asosiy maznuni anglay olishi, bunda mandagi mifhim so'zlariga atamaliyat qaratagan holda butun gap maznunini tushuna olishi nazarda tutiladi.

B2 daraja – ma'ruzalar yoki televidende orqali beriladigan katta hajmidagi nutqni, tanish tinglab, tamosha qilish jaroyonida muhoqoma qiliniyotgan mavzularning asosiy g'oyasini angashi, adabiy tilda namoyish qilinadigan filmlar maznunini yaqshi tushunishi lozim.

O'qish kompetenciyasi buyicha:

A1 daraja – o qish jarayonida sodda gaplar (joy nomlari) bilan bayon etilgan so'z va iboralarini tushinishi kerak (masalan, hand qilinjan buyumlarni qo'llash bo'yicha) ko'satmalar, belgilari, jadvallar va h. q.)

tushuna olishi, kundalik hayotga taalluqli (e'lon, reklama, menyu) matnlardan o'ziga kerak bo'gan ma'lumotlarni topa olishi, qisqava sodda yozilgan shaxsiy xatlarini o'qib tushunishi ko'zda tutuladi.

B1 daraja –kundalik turnish va ishega taalluqli so'zlar asosida tuzligan mannlarni talaba hissiyotlar va tilklarni tushunishi lozim.

B2 daraja –dolzarb mavzulardagi maqlolarni o'qib tushuna olishi, zamonaliviy nasriy asarlarni o'qib maznunini tushunishi lozim. Chunki talaba asani o'qiyotganda uning so'zma – so'z tarjimasifa emas, balki asosiy goyasiga e'tibor qaratishni nazarla tutiladi.

Yozish kompetenciyasi b o' yicha:

A1 daraja –sodda va qisqa jumlalarni, masalan pochte orqali jo'natilgan xat (otkritika) larga yoziladigan gaplani yozsa olishi, shaxsxiy ma'lumotlar (ism, familiya, millat va manzili) kiritilishi talab etiladigan maxsus blanklarni to'ldira olishi kerak.

A2 darja – qisqa va sodda qaydlarni yozsa olishi, masalan, do'stiga sodda gaplar asosida xat y o' za olishi lozim.

B1 daraja –tanish yoki tababani qiziqitirgan mavzularda sodda gaplar bilan maznuni matnlar yozsa olishi, guyohi bo'lgan voqealar yuzasidan o'lgan taassurotlari haqida xat yozsa olishi kerak.

B2 darja – tanaga talaba o'zini qiziqitirgan mavzular bo'yicha ma'lumotlar bero olishi va ular yuzasidan o'z fikrlarini yozma bayon eta olishi, mavzu bo'yicha o'z qarashlarini salbiv yoki ijobji jihatlarini yozma ravishda aniq ifoda eta olishi lozim.

Gapirish (dialog, monolog) kompetenciyasi b o' yicha:

A1 daraja (dialog) – Zarurat tug'ilganda sodda savollar berla olishi va shunday savollarga javob qaytarish, subbatdoshi talabaga katta yordam bo'lishi ko'zda tutiladi.

Monolog – yashayotgan manzili va tanish kishilarni soda gaplar bilan ta'riflay olishi, siluningdek, do kon va mehnmonxonalarida ishlitilishi mumkin bo'lgan gaplarni gapira olishi lozim.

A2 daraja (dialog) –kundalik hayotga taalluqli murakkab bo'lmagan mavzularda muloqatga kirisha olishi, ba'zida yasasi tushuna olmasada muloqatni davrom ettrish uchun o'ziga yoqqan va yoqmagan narsalar haqida gapira olishi, istaklarini sodda tilda bayon eta olsini kerak.

Monolog – oila, kundalik hayot, turnush tarzi, ta'lim olgan muassalari va kasbini ta'riflash uchun so'z va iboralar tanlay olishi, ular yordamida gapira olishi lozim.

B1 daraja (dialog) – talaba o'rganayotgan xorijiy til ko'nikmalari bo'yicha o'z sohasiga (tibbiyotga, sog'ilikni sadqashga taalluqli mavzularda) huddi ona tilida gaira oladigandek gaplasha oladigan kishilar bilan kundalik mavzularda subhat qura olishi, oila, xobbi, kasbiy faoliyat kabi mavzularda subbat qura olishi, o'z filter –mulohaza, his-tuyg' u va taassurotlarini bildira oladi.

Monolog – talaba sodda gaplar bilan voqe-a-hodisalar, orzu-istakva niyatlarini ifodalay olishi, badiy asar yoki film syuyetlarini gapirib, taassurotlarini ifota eta olishlari lozim.

B2 daraja (dialog) –til sohiblari bilan erkin subbat olib bora olishi, tanish mavzular muhokamasiда faol ishtirot era olishi, shunindek, til sohiblariidan tibbiyot sohasiga oid intervu olish va savollariiga javob qaytarla olishi kerak.

Monolog – talaba o'zini qiziqitirgan mavzular bo'yicha aniq va batafsil gaplar tuza olishi, tegishli mavzularga olib voqe-a-hodisa, narsalarni ta'riflay olishi lozim.

- 1-maby. Unit 1. Presenting complaints * p4
 It's my job: Dr Gillian Henderson – cardiologist
 Language spot: Asking short and gentle questions
 Listening 1: Personal details. Oxford Med. I
 Pronunciation: Medical terms - word stress
- Culture project: Non-traditional methods of treatment

Vocabulary: Describing pain Listening 2: Presenting complaints. Oxford. Med. I Language spot: Tenses in the presenting complaints Listening 3: A presenting complaint. Oxford. Med.I
Speaking: Diagnosing presenting complaints Culture project: The history and development of alternative medicine
3-Mabzy. Unit 2. Working in general practice* p.12
Pronunciation: Medical jobs – main stress Listening 1: Description of a GP's job. Oxford. Med.I Language spot: Present Perfect and Past Simple Speaking: GP statistics
Culture project: Medical professionals 4-Mabzy. Unit 2. Working in general practice* p.12
Listening 2: A case history. Oxford. Med.I Vocabulary: Signs and symptoms Speaking: Role –play: Case history Writing: A referral letter
Culture project: Taking a full case history
5-mabzy. Unit 2. Working in general practice* p.12
Vocabulary: Non-technical language Listening 3: Short questions in the general history. Oxford. Med. I/Using the platform "Ibrat farzandlari"
Patient care: Short questions in the general history Reading: Social factors in general practice
Culture project: Research into general practice 6-mabzy. Unit 3. Instructions and procedures * p.20
Listening 1: Preparing for the first ward round. Oxf. Med. I Patient care: Preparing for carrying out a procedure Vocabulary: Instructions for a procedure
Language spot: Giving instructions Speaking: Explaining a process – hand washing
7-Mabzy. Unit 3. Instructions and procedures * p.20
Reading: DOPS (Direct Observation of Procedural Skills) Speaking: Explaining a procedure
Listening2: Giving instructions. Oxford. Medicine I 8-mabzy. Unit 3. Instructions and procedures * p.20
Language spot: Making polite requests to patients Listening3: Instructions. Oxford. Medicine I It's my job: Dr Franco Carilli – newly qualified doctor
9-mabzy. Unit 3. Instructions and procedures * p.20
Speaking: Case presentation Writing: Case notes Reading: Reading bank. 7. Children's sleep, p58
10-mabzy. Unit 4. Explaining and reassuring * p.28
Pronunciation: Word stress: suffixes Listening 1: Patient care Using the platform "Ibrat farzandlari"
Vocabulary: Reassuring Listening 3: Emphasis Oxford. Medicine I Language spot: Explaining procedures with <u>be going to future</u> Speaking: Explaining procedures
13-mabzy. Unit 4. Explaining and reassuring * p.28
Vocabulary: Explaining complications and reassuring the patient Listening: Discussing complications. Oxford. Medicine I Speaking: Acknowledging visual cues Writing: An explanation of possible complications, p35
14-mabzy. Unit 5. Dealing with medication* p.36
Culture project: Research into complications, p35 Patient care: Prescribing drugs in a hospital Speaking: A drug chart, p38
Vocabulary: Abbreviations Listening 1: A drug chart Speaking: A drug chart
Culture project: Prescriptions and drugs 15-mabzy. Unit 5. Dealing with medication* p.36
Language spot: Phrasal verbs It's my job: Joyce Carne 16-mabzy. Unit 5. Dealing with medication* p.36
Listening 2: Benefits and side effects. Oxford. Medicine I Speaking: Explaining medications, p39 Reading bank 2. Medicines, p53 Using the platform "Ibrat farzandlari"
Culture project: Benefits and side effects 17-mabzy. Unit 5. Dealing with medication* p.36
Language spot: Explaining side effects: can/may Speaking: Benefits and side effects Writing: Clinical incident reporting
18-mabzy. Unit 5. Dealing with medication* p.36
Reading: Concordance Culture project: Research into medicine clinical incident reporting. p42 Culture project: Clinical incident reporting in Uzbekistan
19-mabzy. Unit 6. Lifestyle * p.36
Listening 1: Family history and social history. Oxford. Medicine 1, Speaking: Making changes, p45, Culture project: Acupuncture, Culture project: Naturotherapy 20-mabzy. Unit 6. Lifestyle * p.36
Vocabulary: Language for exercise Speaking: Stress, Writing: Help with stress Listening 2: Being sympathetic. Oxford. Medicine 1, Culture project: Apitherapy A. Culture project: Manual therapy 21-mabzy. Unit 6. Lifestyle * p.36
Language spot: Encouraging patients and making suggestions

A. Culture project: Hiudeotherapy,Culture project: Bioenergy therapy
22-mabzyj. Unit 6. Lifestyle * p.36

Reading: *Overweight and obesity*,Pronunciation: *Word stress in noun phrases*

Hunger cure, Culture project: Color treatment

A. Culture project: Hydrotherapy ,Culture project: Stone therapy

23-mabzyj. Reading bank, 52p

Reading: Machines let physicians make rounds from a distance,Culture project:

Hunger cure, Culture project: Color treatment

24-mabzyj. Unit 7. Parents and young children * p.66

A. Culture project: Magnetotherapy,Culture project: Diet therapy

25-mabzyj. Unit 7. Parents and young children * p.66

Listening1: *Talking about oneself*

Using the platform "Ibrat farzandlari"

Oxford. Medicine I, Vocabulary: Non-technical language,Language spot: First Conditional vs Second Conditional

A. Culture project: Metal therapy,Culture project: Occupational therapy

26-mabzyj. Unit 7. Parents and young children * p.66

Vocabulary: *Signs and symptoms* Speaking: *Empathizing*

Patient care: *Reassurance*,Listening 2: *Reassuring an anxious parent*. Oxford. Med.

1,Speaking: Practising for OSCE scenarios,Culture project: Dance therapy

27-mabzyj. Unit 7. Parents and young children * p.66

A. Culture project: Methods for the formation of a healthy lifestyle

Listening 3: *Sharing experiences with colleagues*: Oxford. Med. 1,Reading:

Recommendations for the use of the vaccine,Writing: *Reflecting on one's own experience* ,Culture project: Applying for work

28-mabzyj. Unit 8. Parents and young children * p.74

Patient care: *Understanding why patients can appear vague*,Listening1:

Acknowledging verbal cues: Oxford. Med. 1,Speaking: *Considering what the patient thinks*

29-mabzyj. Unit 7. Parents and young children * p.74

Pronunciation: *Stress in the sentence* ,Speaking: *Dealing with patient*

Language spot: *Open and closed questions*,Patient care: *Asking and responding to open questions*,Listening 2: *Appropriate responses*: Oxford. Med. 1

Culture project: *Dealing with children in stress situations*

30-mabzyj. Unit 7. Parents and young children * p.74

Vocabulary: *Alcohol*,Speaking: *Dealing with a defensive patient*

Reading: *Barriers to prevention*,Writing: *Writing accurately for training or work application*, Using the platform "Ibrat farzandlari"

31-mavzu. Unit 8. Communication * p. 74

Understanding why patients can appear vague

Barriers to prevention

Open and closed questions

32-mavzu. Unit 9. Working in psychiatry * p. 82

Asking about self-harm

Describing patients

The simple past and perfect tenses

Weak forms

33- mavzu. Unit 10. Terminal illness and dying * p. 90

Frances MacGregor Marie Curie- nurse

A debate about donor cards
Expressing likes, dislikes, and preferences

34-mavzu. Unit 11. Working in a team. p * 98

Vocabulary: *Teamwork*

Writing: *Describing an example of good practice*

Reading: *Syllabus and Competences of the Foundation Programme*

Culture project: Finding about politeness in different countries

Listening1: *Appropriate responses*: Oxford. Med. 1

It's my job: *Dr Franco Carulli – newly qualified doctor*

Language spot:*Being polite*

Reading: *Reading bank. 8 Expressions*, p.59

Speaking 1: *Cultural awareness*

Listening1: *Avoiding and responding to tactless comments*

Patient care:*Asking about culture*

Language spot:*Reported Speech*

Using the platform "Ibrat farzandlari"

Speaking 2: *Reporting and clarifying*

Pronunciation: *Saying long sentences*

Speaking 3: *Diversity committee*

Amaliy mashq' ulotlar b o' yicha k o'rsatma va tavsiyalar

► Tibbiyotda xorijiy tilidan barcha mashq' ulotlar amaliy shaklda, interaktiv metodlar asosida o'tkaziladi. Tilni aspektlar kesimida o'rgatishda jumladan:

► **Grammatikani o'rgatishda:**

• Grammatikani o'qitish (grammatika va ma no; grammatica va funkciya);

• Grammatikani kontekst orqali o'rgatish;

• Grammatik lug' atlardan foydalanish;

• grammatici vazifalarini tahlii qilish;

• Grammatik mashq, topshiriq, vazifa, testlarni tuzish.

► **Fonetikani o'rgatishda**

• muvaffaqiyali muloqat uchun talaffuzning muhimligi;

• urg uni (so'z urg' usi, gap urgusi) o'rgatish;

• intonasiya, intonacyaning munosabatini bildirish va Grammatical funkciyalarni o'qitish;

• tovushlarni yakka va konteksta o'qitish farqlari;

► **Leksikani o' qitishda**

• so'z va uning paydo bo'lishi;

• leksikani konteksta o'qitish;

• leksik birliklar / iboralar / birikmalarini va tibbiyotga taalluqli termin, so'z va jumladani o'qitish;

• yangi leksikani (so'zlarini) o'rgatish (rasm, realiya va multimedia va h.q dan foydalangan holda;

• pedagogic maqsadlarda internet ma'lumotlardan foydalanish;

• talabalarning yangi leksik birliklarni o'rganish strategiyalarini

Understanding culture –interpreting body language – Prezentatsiya

Medical professionals – Esse

Taking a full case history - Tavsyonoma yozish

Research into general practice in the UK - Savollarga javob yozish

Benefits and side effects of medications – Prezentatsiya

Research into complications - Dialog tuzish

Clinical incident reporting in Uzbekistan - Prezentatsiya

The role of a sport in a healthy lifestyle – Prezentatsiya

Conducting research in medicine - Internet manbalariidan foydalaniб ma'lumot yozish

"TV doctor" – Esse

Baby's six-week check - Tavsyonoma yozish

Applying for work - Savollarga javob yozish

Dealing with children in stress situations – Prezentatsiya

Symptoms of psychiatric disorders - Dialog tuzish

Care in the community – Prezentatsiya

Giving bad news – principles of giving bad news - Savollarga javob yozish

Baby's six-week check - Tavsyonoma yozish

Applying for work - Savollarga javob yozish

Dealing with children in stress situations – Prezentatsiya

Symptoms of psychiatric disorders - Dialog tuzish

Care in the community – Prezentatsiya

Tibbiyorda xorijiy tilni o'qitishda talaba interfaol usullar vositasida mustaqil ta'lim olishga rag'batlantiriladi va ulardan o'z fikrini o'rganlavoyegan chet tilida bayon qilish talab qilinadi. Talakadan modul bo'yicha o'rgangan bilimlarini tibbiyot soxasida klinik amaliyotlarda to'iil kommunikaciyaga kirisha olish va ilmiy-usubiy mandarning aniq ma'nosini tushuna olish darajiga shiqish talab qilinadi.

V. Modul o'qitilishining natijalari (shakllanadigan kompetenciyalar)

Modulni o'zlashtirish natijasida talaba:

- o'rganiliyotgan tibbiyotda xorijiy tilning modulning fonetik va grammatic qonuniyatlar;
- o'rganiliyotgan tibbiyotda xorijiy tilida og'zaki va yozma nutq;
- o'rganiliyotgan tibbiyotda xorijiy tilini xalqora va milliy standartlarga ko'ra VI darajada o'zlashtirish;
- turil til materiallari bilan ishlash usullari to'g'risda *tasavvurga ega bo'lishi*;
- o'z fikr va mulohazalarini inglestitik bilimlarga tayangan holda boshlangish tarzda bayon etishni;
- tibbiyotda xorijiy tilida og'zaki va yozma shakldagi;
- tibbiyotda xorijiy tilde tilning fonetik va Grammatik strukturalarga oid bazaviy va kommunikativ jayayonda qillanishi munun bo'lgan til birliklari va qonunyatlarini nutqiyarayonida qo'llay olishiни *bilishi wa ulardan foydalana olishi*;
- tibbiyottagi xorijiy tilda chop etilgan turli tibbiyoga oid materiallarr va audentik til materiallarni tushunish va tahlii qilish;
- mahsus reseptlar, tibbiyotga oid xatlar va elektron xatlar yozma olish;
- o'rganiliyotgan tilda ilmiy testislarni yozishni boshlay bilish;
- o'rganiliyotgan tilda til sohiblari bilan muloqatga kirisha bilish;

• leksik vazifamni baholasi;

• leksik vazifa, topshiriq va testlar tuzisiga alohida e'tbor qaratiladi.

Tilni o'rgatish jarayonida asosan tibbiyotga oid materiallar, va bunnan tashqari qo'shimcha ravsida ijtimoiy hayot va jamiyatning turli sohalariiga oid dolzarb mavzularni qamrab olish ko'za tutiladi.

Modulni o'qitishda shaxsga yunusiturigan ta lim metodlari va chet tilini o'qitushga kommunikativ yondasuvdan mukusimai darsajada foydalaniш tafab qilinadi. Masing ulottarda darslik va o'quv qo'llannmalaridan tashqari autentik materiallar: audio, video, ilmiy-usluvliy adabiyotlardan, internet manbalardan foydalangan holda aqiluy hujum, case study loyiha, tibby kasbga tegishli rolli o'yinlar, prezantaciya metodlaridan keng foydalaniшadi.

VII. Kreditarni olish ushun talabalar:

Talaba til egallashning xalqaro e'tirof etilgan darajalariga muvofiq o'rganilayatgan tibbyoytdagi xorijiy tilni kurslar kesimida talab etilgan darajada (A1-B2) bosqichma-bosqich o'zlashtirib borishi shart. Jumladan, joriy nazorda auditoriyada bajariladigan masnq va topshiriqilar, portfolio, kundalik, loyihalar, intervyu va rolli o'yinlarda faol ishitirok etishi, video va audio materiallarni tushunib tahlil qila olishi, kasbiy muhokamalar jarayonida xorijiy tildan unumli foydalana olishi, oraliq va yakuniy nazorda matnga asoslangan vazifalardan iborat turli test va topshiriqlarni bajarishi, mantiqiy savolarga mustaqil ravishda xorijiy tilde javob bera olishi, og zaki va yozma nutq ko'nikmlarini rivojlantirib borishi, mustaqil talmu uchun berilgan mashqlani o'z vaqidi bajar olishi lozim. Ushbu modulda chet tili bo'yicha egalangan bilmlarni nazorat qilishda til bo'yicha barcha kompetencyalar o'zlashtirilgani inobaga olinadi.

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¹ Adabiyotlar ro'yxatiga medicina institutimizning axborot-resurs markazlari imkoniyatlari, sohaga oid zamona viy manbalar va xorijiy tilning xosusiyatini inobaga olingan holda qoshimchalar kiritilishi mumkin. Kiritilgan qo'shimchalar ischchi dasturlarda keltiriladi.

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Axborot manbalari

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- respite for the carer: www.carets.org
- the website for Age Concern
- the website for the Alzheimer's Disease Society
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- The website for English teachers: <http://www.onestopenglish.com>
- The website for teaching material in English: <http://www.macmillanenglish.com>
- The website for English language course books <http://www.oup.com/elt.com>
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Na'munaviy modul dasturi Qoraqalpog'siston tibbiyot instituting 2022-yil sentyabriddagi ilmiy kengashi —sonli bayonnamasini bilan maqallangan.

- ilmiy kengashi —sonli bayonnamasini bilan maqallangan.
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