

O'ZBEKISTON RESPUBLIKASI OLIY TA'LIM, FAN VA INNOVATSİYALAR
VAZIRLIGI

O'ZBEKISTON RESPUBLIKASI SOG'LIKNI SAQLASH VAZIRLIGI
QORAQALPOG'İSTON TIBBIYOT INSTITUTI

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O'zbek tili, tillar va ijtimoiy fanlar kafedrasи

TIBBIYOTDA XORIJİY TIL FANI BO'YİCHA
MODUL DASTURI

Bilim sohasi: 900000 – Sog'liqni saqlash va ijtimoiy ta'minot
Ta'lif sohasi: 910000 – Sog'liqni saqlash

Ta'lif yo'naliishi: 60910200 Davolash ishi

60910300 Pediatriya

Nukus -2024

MODUL / MODUL KODI:	O'quv yili: 2024-2025	Semestr: 1-2	ECTS - Kreditlar: 4
Modul/modul turi Majburiy	Ta'lim tilii Xorijiy tillar		Haftadagi dars soatları 2
Modulning nomi Tibbiyotda xorijiy til	Auditoriya mashg'ulotlari (soat)	Mustaqil ta'lim (soat)	Jamiyuqlama (soat)
I. Modulning mazmuni		60	60
Modulni o'qitishdan naqsad – talabalarga o'rganilayatgen chet tilini kasbiy faoliyatida amaliy quillay olish tamoyillariga amal qilgan holda integrallasган yondashuv asosida o'rgatish, o'rganilayotgan chet tilida ravon va aniq suzlashishlarni ta'minash, talabalarga tibby atanalamani xorijiy tilda o'rganish yoli bilan kasblik bilimlarini oshira olishiga zamin yaratishlardan iborat.			120
Modulni o'qitishdan naqsad – talabalarga o'rganilayatgen chet tilini kasbiy kunkunalarini fonetik, grammatik, leksik jihatdardan t o'fqonani shakllandirish, tilni dunyoda sodir b o' layoragan siyosiy, iqtisodiy va ijtimoiy voqeletiga nisbatan o'rganilayatgen chet tilida o'z munosobatlarni bildira olishi, kelajakda kasbiy mahoratini xalqaro migeysodagi darajalarda erkın yetkiza olish darajasida o'rgatishdan iborat.			
II. Asosiy qism (amaliy mashg'ulotlari)			
Tibbiyotda xorijiy til modulida o'zakizilidigen amaliy mashg'ulotlarda parcha til ko'niknalar – tinglab tushnish, o'qish, yozish va gapirish talabalarga integrallasghan holda o'qitiladi. Medicina institumizda tibbiyotda xorijiy til statfdagi ingliz tili o'qitiladi va ushu ma'niali modul dasturga asosan ishlchi modul dasturi ishlab chiqiladi va mavzular shu dasturda semestrlar kesimida batafsil ko'rsatiladi. Amaliy mashg'ulotlarni tashkil etish, o'tказish va talabalarning tilni o'zlashtirganliklarini baholashtda til egallashning xalqora e'tirof etilgan mezonlariga amal qilinadi:			
Tinglab tushuniishi kompetenciyasi b o' yicha:			
A1 daraja – kishilar sekin va aniq gaplashganida talaba o'zi va oilasi haqidagi s o'z va iboralarini tushunishi lozim.			
A2 daraja – o'ziga tanish mavzularga (masalan, soda bayon qilingan oila, xarid, mahalliy hujdudar, kasb, ishl) oid ko'psishlatilidigan s o'z va iboralarini shuningdek, qisqa, aniq, soda xabar va e'lonlarning asosiy mazmumini tushuna olishi kerak.			
B1 daraja – o'ziga tanish bo'lgan mavzulat bo'yicha (ish, ta lim muassasi, hordiq va b.) aniq avtigelan gapning asosiy mazmuni olishi, bunda matnidegi mifhim so'ziga ahamiyat qaratgan holda butun gap mazmuni tushuna olishi nazarida tutiladi.			
B2 daraja – ma'ruzalar yoki televiderie orqali beriligidan katta hajmidagi nutqni, tanish mavzulartagi qiyiniroq mutqi tushunishi, TV va radio orqali beriligidan yangiliklarni ting'lab, tamosha qilish jaroyonida muhohogama qilinayotgan mavzularning asosiy g'oyasini aqgashli, adabiy tilda namoyishi qilinadigan filmilar mazmumini yaqsqi tushunishi lozim.			
O'qish kompetenciyasi buyxicha:			
A1 daraja – o'qish jarayonida sodda gaplari (joy nomlari) bilan bayon etilgan so'z va iboralarini tushunishi kerak (masalan, hand qilingan buyimlami qo'llash bo'yicha ko'rsatmalar, belgilari, jadvallar va h.q.)			

A2 daraja – juda qisqa, soddha matnlarni (qaydarlar, eslatmalar, ko'rsatmalar) o'qib tushuna olishi, kundalik hayoga taalluqli (e'lon, reklama, menyu) matnlardan o'ziga kerak bo'egan ma'lumotlarni topa olishi, qisqava soddha yozilgan shaxsxiy xatlarni o'qib tushunishi ko'zda tutuladi.

B1 daraja – kundalik turnish va ishega taalluqli so'zlar asosida tuzilgan matnlarni talaba uchun qayinchilik tuge dirmasligi, xattarda bayon etilgan voqeal-hodisalar, joylar, hissiyotlar va tilakkarni tushunishi lozim.

B2 daraja – dolzurb mavzulardagi maqolalarни o'qib tushuna olishi, zamoraviy nastri asarlarni o'qib mazmumini tushunishi lozim. Chunki talaba asaru o'qiganda uning so'zma – so'z tarjimasi emas, balki asosiy goyasiga e'tbor qaratishi nazarda turliadi.

Yozish kompetenciyasi b o' yicha:

A1 daraja – soddha va qisqa jumlatani, masalan pochta orqali jo'natilgan xat (otkrikska manzili) kiritilishi talab etiladigan maxsus blankani to 'Idra olishi kerak.

A2 daraja – qisqa va soddha qaydarni yoza olishi, masalan, do'siga soddha gaplar asosida xat y o' za olishi lozim.

B1 daraja – tanish yoki talabani qiziqitirgan mavzularda soddha gaplar bilan mazmuni matnlar yoza olishi, givvoi bo'gan voqealar yuzasidan olyan taassurotlari haqida xat yoza olishi kerak.

B2 daraja – tanzaca talaba o'zini qiziqitirgan mavzular bo'yicha ma'tumotlar bero olishi va ular yuzasidan o'z fikrlarini yozma bayon eta olishi, mavzu bo'yicha o'z qarashlarini saibiy yoki ijobji jihatlanmani yozma ravishda aniq ifoda eta olishi lozim.

Capirish (dialog, monolog) kompetenciyasi b o' yicha:

A1 daraja (dialog) – Zarurat tug'ilganda soda savollari bera olishi va shunday savollarga javob qaytarish, subhadoshi talaba gapirgeyan gaplarni takrorlagandayovi to'g'rilaganda tarabayga katta yordam bo'lsin ko'zda tutiladi.

Monolog – yashayotgan manzili va tanish kishilarni sonda gaplar bilan ta'rifay olishi, shuningdek, do'kon va mehnomxonalarida ishlitishi mumkin bo'gan gapami gapira olishi lozim.

A2 daraja (dialog) – kundalik hayotga taalluqli murakkab bo'lmagan mavzularda muoqqa taraflari krishta olishi, ba zida yaqsi tushuna olmasada muoqatni davom ettrish uchun o'ziga yoqqan va yoqmagan narsalar haqida gapira olishi, istaklarini soddha tilda bayon eta olishi kerak.

Monolog – oila, kundalik hayot, turmush tarzi, ta lim olgan muassalarini va kasbini ta'riflash uchun so'z va iboralar tantay olishi, ular yordamida gapira olishi lozim.

B1 daraja (dialog) – talaba o'rganayotgan xorijiy til ko'niknalarini bo'yicha o'z sohasiga tibbiyotga, sog'iikkni saqsaqiga taalluqli mavzulardan huddi ona tilida gaipa oldigandek gaplasha obodigan kishilarni bilan kundalik mavzularda subhat qura olishi, oila, xobbi, kasbiy faoliyit kabi mavzularda subhatalarga ozonliksha qo'shilta olish hamda o'z filr –mulohaza, his-tug' va taassurotlarini bildira oladi.

Monolog – talaba soddha gaplari bilan voqe-a-hodisalar, orzu-istakva niyatlarini ifodalay olishi, badiy asar yoki film sylhetlarini gapirib, taassurotlarini ifoda eta olishlari lozim.

B2 daraja (dialog) – til sobibari bilan erkin subbat olib bora olishi, tanish mavzular muhokamasiда faol ishlitirk eta olishi, shunindek, til sohiblardan tibbiyot sohasiga oid intervu olish va savollariiga javob qaytara olishi kerak.

Monolog – talaba o'zini qiziqitirgan mavzularning asosiy bo'yicha aniq va batafsil gaplar tuza olishi, tegishli mavzularga olib voqe-a-hodisasi, narsalarini raifay olishi lozim.

Tavsiya etiladigan mavzular

1-mabzuy Unit 1. Presenting complaints * p4
It's my job. Dr Gillian Henderson – cardiologist
Language spot: Asking short and gentle questions
Listening 1: Personal details. Oxford. Med.1
Pronunciation: Medical terms - word stress

Culture project: Non-traditional methods of treatment

2-maby. Unit 1. Presenting complaints * p4	Vocabulary: <i>Describing pain</i> Listening: <i>Presenting complaints</i> . Oxford. Med. 1 Language spot: <i>Tenses in the presenting complaints</i> Listening: <i>3. A presenting complaint</i> . Oxford. Med. 1 Speaking: <i>Diagnosing presenting complaints</i> Culture project: The history and development of alternative medicine
3-maby. Unit 2. Working in general practice* p.12	Vocabulary: <i>Medical jobs</i> Pronunciation: <i>Medical jobs – main stress</i> Listening: <i>1. Description of a GP's job</i> . Oxford. Med. 1 Language spot: <i>Present Perfect and Past Simple</i> Speaking: <i>GP statistics</i> Culture project: Medical professionals
4-maby. Unit 2. Working in general practice* p.12	Listening: <i>2. A case history</i> . Oxford. Med. 1 Vocabulary: <i>Signs and symptoms</i> Speaking: Role –play: <i>Case history</i> Writing: <i>A referral letter</i> Culture project: <i>Taking a full case history</i>
5-maby. Unit 2. Working in general practice* p.12	Vocabulary: Non-technical language Listening: <i>3. Short questions in the general history</i> . Oxford. Med. 1 Using the platform "Ibraf.sarzandari"
Patient care: Short questions in the general history	Patient care: <i>Short questions in the general history</i> Reading: <i>Social factors in general practice</i> Culture project: Research into general practice
6-maby. Unit 3. Instructions and procedures * p.20	Listening: <i>1. Preparing for the first ward round</i> . Oxford. Med. 1 Patient care: <i>Preparing for carrying out a procedure</i> Vocabulary: <i>Instructions for a procedure</i> Language spot: <i>Giving instructions</i>
7-maby. Unit 3. Instructions and procedures * p.20	Speaking: Explaining a process – hand washing Reading: <i>DOPS (Direct Observation of Procedural Skills)</i>
Speaking: Explaining a procedure	Speaking: <i>Explaining a procedure</i>
Listening:2. Giving instructions. Oxford. Medicine 1	Listening: <i>2. Giving instructions</i> . Oxford. Medicine 1
8-maby. Unit 3. Instructions and procedures * p.20	Language spot: <i>Making polite requests to patients</i>
Listening:3. Instructions. Oxford. Medicine 1	It's my job: <i>Dr Franco Carilli – newly qualified doctor</i>
9-maby. Unit 3. Instructions and procedures * p.20	Speaking: Case presentation
Writing: Case notes	Writing: Case notes
Reading: Reading bank 7. Children's sleep, p58	Reading: <i>Reading bank 7. Children's sleep</i> , p58
10-maby. Unit 4. Explaining and reassuring * p.28	Speaking: <i>Explaining and reassuring</i>
Pronunciation: Word stress:suffixes	Speaking: <i>Word stress:suffixes</i>
Listening:1. Patient care	Listening: <i>1. Patient care</i>
Using the platform "Ibraf.sarzandari"	Using the platform "Ibraf.sarzandari"

19-maby. Unit 6. Lifestyle * p.36	Language spot: <i>Explaining investigations/procedures</i> Listening: <i>Explaining procedures with be going to future</i>
Listening:1. Family history and social history. Oxford. Medicine 1	Speaking: <i>Making changes</i> , p.45,Culture project: <i>Acupuncture</i> ,Culture project: <i>Naturopathy</i>
20-maby. Unit 6. Lifestyle * p.36	Vocabulary: <i>Language for exercise</i> ,Speaking: <i>Stress</i> ,Writing: <i>Help with stress</i>
Listening:2. Being Sympathetic	Oxford. Medicine 1,Culture project: <i>Aptitherapy</i>
A. Culture project: Manual therapy	A. Culture project: <i>Manual therapy</i>
21-maby. Unit 6. Lifestyle * p.36	Language spot: <i>Encouraging patients and making suggestions</i>

Patient care: Sympathy and empathy; Speaking: Exam practice

A. Culture project: Hinduotherapy,Culture project: Bioenergy therapy

22-mavzu. Unit 6. Lifestyle * p.36

Reading: Overweight and obesity; Pronunciation: Word stress in noun phrases

23-mavzu;Reading bank, 52p

Reading: Machines let physicians make rounds from a distance,Culture project:

Hunger cure, Culture project: Color treatment

24-mavzu. Unit 7. Parents and young children * p.66

Vocabulary: Qualities of a good pediatrician,It's my job: Dr Nasrin Ahmed

A. Culture project: Magnetotherapy,Culture project: Diet therapy

25-mavzu. Unit 7. Parents and young children * p.66

Listening1: Talking about oneself; Using the platform "Ibrai farzandlari"

Oxford Medicine 1, Vocabulary: Non-technical language,Language spot: First

Conditional vs Second Conditional

A. Culture project: Metal therapy,Culture project: Occupational therapy

26-mavzu. Unit 7. Parents and young children * p.66

Vocabulary: Signs and symptoms,Speaking: Empathizing

Patient care: Reassurance, Listening 2: Reassuring an anxious parent. Oxford. Med.

1,Speaking: Practising for OSCE scenarios,Culture project: Dance therapy

A. Culture project: Methods for the formation of a healthy lifestyle

27-mavzu. Unit 7. Parents and young children * p.66

Listening 3: Sharing experiences with colleagues. Oxford. Med. 1,Reading:

Recommendations for the use of the vaccine. Writing: Reflecting on one's own experience , Culture project: Applying for work

28-mavzu. Unit 8. Parents and young children * p.74

Patient care: Understanding why patients can appear vague,Listening1:

Acknowledging verbal cues. Oxford. Med. 1,Speaking: Considering what the patient thinks

29-mavzu. Unit 7. Parents and young children * p.74

Pronunciation: Stress in the sentence ,Speaking: Dealing with patient

Language spot: Open and closed questions,Patient care: Asking and responding to openquestions, Listening 2: Appropriate responses. Oxford. Med. 1

Culture project:Dealing with children in stress situations

30-mavzu. Unit 7. Parents and young children * p.74

Vocabulary: Alcohol,Speaking: Dealing with a defensive patient

Reading: Barriers to prevention,Writing: Writing accuratelyfor training or work application, Using the platform "Ibrai farzandlari"

31-mavzu. Unit 8. Communication * p. 74
Understanding why patients can appear vague
Barriers to prevention
Open and closed questions

32-mavzu. Unit 9. Working in psychiatry * p. 82
Asking about self harm
Describing patients
The simple past and paefect tenses

Weak forms
33- mavzu. Unit 10. Terminal illness and dying * p. 90
Frances MacGregor Marie Curie- nurse
Care in the community

A debate about donor cards
Expressing likes, dislikes, and preferences

34-mavzu. Unit 11. Working in a team. p* 98

Vocabulary: Teamwork

Writing: Describing an example of good practice

Reading: Syllabus and Competences of the Foundation Programme

Culture project: Finding about politeness in different countries

Listening1: Appropriate responses. Oxford. Med. 1

It's my job: Dr Franco Carrulli – newly qualified doctor

Language spot:Being polite

Reading: Reading bank. 8. Expressions, p.59

35- mavzu. Unit 12. Diversity at work. P*106

Speaking 1: Cultural awareness

Listening1: Avoiding and responding to tactless comments

Patient care: Asking about culture

Language spot:Reported Speech

Speaking 2: Reporting and clarifying

Using the platform "Ibrai farzandlari"

Pronunciation: Saying long sentences

Speaking 3: Diversity committee

Amaliy mashg' ulotlar b o' yicha k o'rnatma va tavsiyalar

► Tibbiyotda xoniyi tilidan barcha masing' ulotlar amaliy shaklida, interaktiv metodlar asosida o'kaziladi. Thihi aspektlari kesimida o'rgatishda

► Grammatikani o'rgatishda:

- Grammatikani o'qitish (grammatika va ma'no; grammatica va funkciya);
- Grammatikani kontekst orqali o'rgatish;
- lingvistik intuiciya;
- til hoidisari;
- Grammatik lug` atlardan foydalanish;
- Grammatik vazifalarni tabil qilish;
- Grammatik masnq, topshiriq, vazifa, testlarni tuzish.

► Fonetikani o'rgatishda

- muvaqqafiyati muloqat uchun talafluzning muhimligi;
- urg`uni (so'z urg usi, gap urgusi) o'rgatish;
- intonaciya, intonacijaning munosabatini bildirish va Grammatik funkcyalarini o'qitish;
- tovushlarni yakka va kontekstsida o'qitish farqlari;

► Leksikani o' qitishda

- so'z va uning paydo bo'ishi;
- leksikan kontekstsida o'qitish;
- leksik birliktar /iboralar/ brirkalmalarni va tibbiyotga taalluqli termin, so'z va jumlalarni o'qitish;
- yangi leksikani (so'zlarini) o'rgatish (rasm, realiya va multimedia va h.q dan foydalangan holda;
- pedagogic maqsadlarda internet ma'lumotlardan foydalanish;
- talabalarning yangi leksik biriklarni o'rganish strategiyalarini rivojantirishi;
- leksik vazifalarni baholash;

• leksik vazifä, topshiriq va testlar tuzishiga alohida e'tibor qaratiladi.

Tili o'retish jarayonida asosan tibbiyoga oid materiallar, va buman tashqari qo'shimcha ravsida ijtimoiy hayot va jamiyatning turil sohalariiga oid dolzab mavzularni qamrab olish ko'zda tutildi.

IV. Mustaqil ta'lim va mustaqil ishlar uchun tavsira etiladigan mavzular:

Understanding culture – interpreting body language – Prezentatsiya
Medical professionals – Esse

Taking a full case history - Tavsyonomia yozish

Research into general practice in the UK - Savollarga javob yozish

Benefits and side effects of medications – Prezentatsiya

Research into complications - Dialog tuzish

Clinical incident reporting in Uzbekistan – Prezentatsiya

The role of a sport in a healthy lifestyle – Prezentatsiya

Conducting research in medicine - Internet manbalaridan foydalanib ma'lumot yozish

"TV doctor" - Esse

Baby's six-week check - Tavsyonomia yozish

Dealing with children in stress situations – Prezentatsiya

Symptoms of psychiatric disorders - Dialog tuzish

Care in the community – Prezentatsiya

Giving bad news – principles of giving bad news - Savollarga javob yozish

Tibbiyotda xorijiy tili o'qitishda talaba interfaol usullar vositasida mustaqil ta'lim olishiga rag'batlaniriladi va ulardan o'z fikrimi o'rganiyotgan chet tilida bayon qilish tabab qilinadi. Talabaden modul bo'yicha o'rgangan bilmlarini tibbiyot soxasida klinik analiyotlarda to'siq kommunikacyaga kinsha olish va imiy-usubiy manzlarning aniq ma nosimi tushuna olish darajiga shiqish tabab qilinadi.

V. Modul o'qitilishining natijalari (shakllanadigan kompetenciyalar)

Modulni o'zashtirish natijasida talaba:

- o'rganiyotgan tibbiyotda xorijiy tilning modulning fonetik va grammatic qonuniyatlari;
- o'rganiyotgan tibbiyotda xorijiy tilini xalqora va milliy standartlarga ko'ra VI darajada o'zashtirish;
- turli til materiallari bilan ishlash usullari to'g'risda *tasavvurga ega bo'lishi*:
- o'z fikr va mulahazalarini jingivistik bilimlarga tayangan holda boshlangish tarzda bayon etishni;
- tibbiyotda xorijiy tilidagi og'zaki va yozma shakldagi;
- tibbiyotda xorijiy tilde tilning fonetik va Grammatik strukturalarga oid bazaviy va kommunikativ jarayonda qullanishi mumun bo'lgan til birliklari va qonuniyatlarni nutqiyatorda qillay olishni *bilishni va ulardan foydalana olishi*:
- tibbiyotdagi xorijiy tilda chop etilgan turli tibbiyotga oid materiallar va audentik til materiallarni tushunish va tahli qilish;
- mahsus receptlar, tibbiyoga oid xallar va elektron xattlar yozsa olish;
- o'rganiyotgan tilda ihmty tesislarni yozishni boshlay bilish;
- o'rganiyotgan tilda til sohiblari bilan muloqatga kinsha bilish;

4 VI. Ta’lim texnologiyalari va metodlari:

Modulni o’qitsida siaksiga yunatirilgan ta’lim metodi va chet tilini o’qitishega kommunikativ yondashuvdan maksimal darajada foydalananish talab qilinadi. Mashg’ulotlarda darslik va o’quv qo’llanmalaridan tashqari autentik materiallar: audio, video, ilmiy-ustuvriy tibbiy kasbga tegishli rolli o’ynilar, prezентация metodlaridan keng foydalaniadi.

VII. Kreditlarni olish ushun talabalar:

Talaba til egallashning xalqaro e’tirof etilgan darajalariga muvofiq o’rganilayatgan tibbiyotdagi xorijji tilni kurslar kesimida talab etilgan darajada (A1-B2) bosqichlara bosqich o’zlashshimborishi shart. Jumladan, joriy nazoror auditoriyada bejarijadigan masiq va topshiriqlar, portfolio, kundalik, loyinhalar, intervju va rolli o’ynillarda faol istitrot etishi, video va audio materiallarni tushunib tahsil qila olishi, kasbly muhokamalar jarayonida xorijji tildan umumi foydalana olishi, oraliq va yakuniy nazorada matnga asoslangan vazifalardan iborat turli test va topshiriqlarni bajarishi, mantiqiy savol-turga mustaqil ravishda xorijji tilde javob bera olishi, og’zaki va yozma natiq ko’nikmlarini rivojlantribr borishi, mustaqil ta’lim uchun berilgan mashqlani o’z vaqtida bajara olishi lozim. Usbu modulda chet til bo’yicha egallangan bilimlarni nazorat qilishi til bo’yicha harcha kompetenciyalar o’zlashtirilgan inobatga olinadi.

6**Axosiy adabiyotlar¹**

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¹ Adabiyotlar ro’yxatiga medicina institutimizning axborot-resurs markazlari inkomjonatlari sohaga old zamonaeviy manbalar va xorijji tilning xususiyatlari inobatga olingan holda qo’shimchalar kiritilishi mumkin. Kiritilgan qo’shimchalar isboti dasturlarda keltiriladi.

Qo’shimcha adabiyotlar

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Axborot manbalari

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Na`munaviy modul dasturi Qoraqalpog`iston tibbiyot instituting 2022-yil — sentyabrdagi ilmiy kengashni —-sonli bayonnamasini bilan maqullangan.

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Modul bo’yicha ma’sullar:
E.Sh.Kainiyazov – “O’zbek tili, tillar va ijimoiy fanlari kafedras” -kafedra mudiri

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