



INTERNATIONAL SCIENTIFIC AND PRACTICAL CONFERENCE

“ENVIRONMENT AND HEALTH OF THE POPULATION OF THE ARAL SEA REGION”

Nukus, October 24-25, 2025

INFORMATION LETTER

**MINISTRY OF HIGHER EDUCATION, SCIENCE AND INNOVATION OF
THE REPUBLIC OF KARAKALPAKSTAN**

MINISTRY OF HEALTH OF THE REPUBLIC OF UZBEKISTAN

**INFORMATION LETTER
KARAKALPAKSTAN MEDICAL INSTITUTE**

**International scientific and practical conference
on the topic: “Environment and health of the population of the Aral Sea region”**

October 24-25, 2025

DEAR CONFERENCE PARTICIPANTS!

The Administration of the Karakalpak Medical Institute announces the holding of an international scientific and practical conference on the topic “Environment and Health of the Population of the Aral Sea Region”.

The main goal of the conference is to conduct a deep scientific analysis of health problems arising as a result of the environmental crisis in the Aral Sea region, identify the impact of the environment on human health, find solutions to existing problems based on modern medical, environmental and innovative approaches, study advanced international experience and implement it in practice.

The conference plans to implement the following tasks:

- 1. Systematization and evaluation of the results of scientific research determining the impact of air, water and soil pollution on human health, development of recommendations for ensuring environmental safety.*
- 2. Identification of existing problems in the regional healthcare system, preparation of practical proposals for improving the quality of medical services and improving the health of the population.*
- 3. Determination of health problems associated with environmental factors in women and children, development of preventive measures and proposals for strengthening reproductive health.*
- 4. Identification of health risks arising from climate change in the Aral Sea region and development of adaptation strategies to them.*
- 5. Development of environmental education, raising environmental awareness among young people, promotion of modern methods and technologies aimed at forming a healthy lifestyle.*

Study of the relationship between environmental factors and cardiovascular diseases, development of scientifically based recommendations for reducing risk factors and prevention.

Main conference topics:

1. Environmental pollution and its impact on health;
2. Problems and solutions in the field of healthcare in the Aral Sea region;
3. Impact of environmental factors on maternal and child health;
4. Climate change and human health;
5. Formation of a healthy generation through "green" technologies and environmental education;
6. Impact of environmental factors on the cardiovascular system.

Requirements for conference materials

The content of articles and abstracts should briefly and clearly reflect the essence of the issues raised, a description of the research method, the results obtained by the author, the data presented and conclusions.

Abstracts:

- ✓ Paper format: A4; margins 2 cm at the top and bottom, 3 cm on the left, 1.5 cm on the right.
- ✓ Font: Times New Roman, size 12 pt, line spacing 1.15, volume from 1 to 2 pages.
- ✓ The text is prepared in the Word editor.

Article:

- ✓ Abstract and keywords must be indicated (in three languages).
- ✓ The text of the article must be formatted on A4 with margins: top and bottom 2 cm, left 3 cm, right 1.5 cm.
- ✓ The text of the abstract must be typed in the Word text editor, Times New Roman font, 12 font size, with line spacing of 1.15 and a volume of 4–8 pages.

Publication structure:

- ✓ *Title (in capital letters);*
- ✓ *Full last name, first name, patronymic name of the author(s);*
- ✓ *Name of the organization, city, country;*
- ✓ *Purpose of the work;*
- ✓ *Materials and methods;*
- ✓ *Results and their discussion;*
- ✓ *Conclusions;*
- ✓ *List of references.*

Abstracts are published in Karakalpak, Uzbek, Russian and English.

The electronic file should be named after the first author, for example: Axmetov.docx.

Note: The authors are responsible for grammatical and stylistic errors, as well as for the content of the scientific papers.

The deadline for accepting articles and abstracts is october 10, 2025.

To participate in the conference, articles and abstracts should be sent by october 10, 2025 to the email address: **nukusmed@gmail.uz**

Participants are required to pay a fee of 100,000 sums for each abstract and 150,000 sums for an article. The fee includes: registration of participant documents, participation in the scientific program of the conference, receipt of materials of the international conference, as well as organizational and publishing costs. Articles and abstracts with the participation of foreign authors are published free of charge.

Payment is made according to the details of the educational institution. After payment, you must send a receipt.

Contacts:

For questions about submitting abstracts, applications for participation with a report or presentation, please contact Tleubergenova Azima Baltabaevna

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Appendix 1

The Organizing Committee asks you to fill out and send us the conference participant registration form.

Registration form for participants of the scientific and practical conference

Last name, first name, patronymic of the author(s)	
Place of work	
Position	
Academic degree	
Article (abstract) topic	
Section number	
Author's email	
Author's contact phone number	
Your participation in the conference includes:	
-presentation in the form of a report	
-publication of the article	

Note: The electronic version of the journal can be downloaded from the official website of the Karakalpakstan Medical Institute: www.kkmi.uz.